

10 *Effective Ways To Deal With The Idiots*

Rumours

Gossips

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- They don't like you

- They aspire to be you

- They are jealous of you

**Why People
Spread Rumor?**

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-Don't shout at them, don't scold them.

-Ask calmly why they did it.

- Tell them how it makes you feel



Talk to them

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- Most times people don't hate you, they are just insensitive.

- Tell them what this gossip has done to you

- Make them understand you

Your side of the
story

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- Laugh it off.

- Be the bigger person and shy it away.

- Let yourself go, you know what you are.



**Take the lighter
side of it**

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Neglect it

*- Don't give importance to it,
sometimes it is just like stoking a fire*

*- Laugh with them, show that it
doesn't bother you*

*- Nothing discourages better than
knowing that you don't care*

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- Sometimes people talk about you only cos you are that important*
- Enjoy the attention a bit.*
- Feel proud that you are the neighbors envy*



• The centre of the universe

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- Most of these gossips don't deserve your time



- If you don't want someone to talk about you, then don't talk about someone else



- Talk good about people, they would rarely want to miss such a friend

**Don't ask,
Don't tell**

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- Tell them you will break their bones :P

- Sometimes you do need the stick to straight someone out

- Complain to the principal/dean/HR/manager



**Threaten if
necessary**

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- People usually rally and prey on the weak

- Let them know how strong you are

- Confront them!

Show them how
strong you are

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- Tell them you had a better opinion about them - people rarely want to disappoint someone*
- Show them you cannot be taken for granted*
- Tell them it is NOT OK!*



**Respect, Fear
and a complain**

Thank you!

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